

PRECHIROPRACTIC INFORMATION SUMMARY



PreProfessional Advising Information

Website: ppa.utah.edu | Instagram: @UofUPPA
Email: ppa@advising.utah.edu (For Quick Questions)
Office Location: Building 44 (Second Floor)

Advisors:

- Shelley Nicholson, Director
- Zach Earl
- Quentin Hodges
- Amy Urbanek
- Alessandra Zamora



Make an appt!

Chiropractic School Basics

Chiropractic School

- Year 1 & 2: Didactic Years (Class Instruction)
- Year 3 & 4: Additional Didactic and Clinicals

Degree Conferred:

DC (Doctor of Chiropractic)

Get involved in activities (in- and outside the classroom) to demonstrate your knowledge, skills, and preparation

Chiropractor Shadowing

This should be one of your first experiences as a prechiropractic student. Observing a chiropractor in action will help you gather information and help you commit to the profession while learning various specialties. Don't wait! Start shadowing now!

Chiropractic Experience

Critical for your application, chiropractic experience can be gained by shadowing a general chiropractor for more than a semester.

Leadership Experience

Doctors are both leaders and team members with patients, colleagues, etc. (Eg: coach, teacher, tutor, mentor, TA/LA, supervisor, officer role in a club, student advisory board, and many more.) Campus Connect: getinvolved.utah.edu

Service to the Community

As you are choosing a humanitarian profession, it's important to demonstrate a commitment to humanity by selflessly serving others. It is suggested that service be ongoing throughout your college career. Visit the Bennion Center! (bennioncenter.org)

PPA is here to help!

Preparing for chiropractic school can be nuanced, but you don't have to do it alone! PPA offers a variety of services to aid you during this time. From application and personal statement reviews to mock interviews, we want to help you with this process. Meet with a PPA advisor at least once a semester to help guide you along the way.

APPLICATION DETAILS

Do your research!

It is your responsibility to ensure you are meeting all requirements for the schools you are interested in. Most chiropractic schools require a bachelors degree or at least 90 semester credits of undergraduate work (including prerequisites). If you are able, participate in program information sessions, visit schools, and gather as much info as possible to help you with your decision. There are 18 chiropractic schools in the US; please visit chirocolleges.org for information.

GPA and Testing

Applicants must meet minimum total GPA of at least 3.0, but this varies by program. **There is no standardized GPA for chiropractic school admission.**

Application Process

There are 18 chiropractic schools in the US; please visit chirocolleges.org for information. Most programs accept students 2-3 times a year, and many of them have rolling admissions. There is no centralized application service for chiropractic school admissions; students need to visit each chiropractic school's website to apply. Along with the application, most chiropractic schools require 2-3 **letters of recommendation**, mainly from a Doctor of Chiropractic and a professor and/or work supervisor. Do your research to determine what is required for each program. Many chiropractic schools require an interview as well.

PreChiropractic Prerequisite Course Guide

Requirements vary by school. **It is your responsibility to do your own research on each chiropractic school you wish to apply to.** AP coursework may or not be accepted. If accepted, coursework beyond AP is often required.

Any of these courses can be taken at a community college.

MATH		
MATH 1050 (4) College Algebra	MATH 1060 (3) Trigonometry	<i>NOTE: MATH 1050/60 can be substituted with higher math</i>
Optional Math Prep Course <ul style="list-style-type: none"> Math Boot Camp: MATH 10 and MATH 15 		

Please note: Consult both your major and PPA advisors to determine appropriate placement and course selection.

BIOLOGY			
BIOL 1610 (4) BIOL 1615 (1) Fundamentals of Biology I and Lab <i>PreReq: MATH 1010</i>	BIOL 2325 (4) Human Anatomy <i>PreReq: BIOL 1610</i>	BIOL 2420 (4) Human Physiology <i>PreReq: BIOL 1610 and CHEM 1210</i>	BIOL 2020 (3) Cellular Biology or another BIOL class <i>PreReq for 2020: BIOL 1610 and CHEM 1210</i>

CHEMISTRY			
CHEM 1210 (4) CHEM 1215 (1) General Chemistry I and Lab <i>PreReq: MATH 1050</i>	CHEM 1220 (4) CHEM 1225 (1) General Chemistry II and Lab <i>PreReq: CHEM 1210</i>	CHEM 2310 (4) CHEM 2315 (2) Organic Chemistry I and Lab <i>PreReq: CHEM 1220</i>	CHEM 2320 (4) CHEM 2325 (2) Organic Chemistry II and Lab <i>PreReq: CHEM 2310</i>
Optional Chemistry Prep Courses <ul style="list-style-type: none"> CHEM 1208 (1): Intro to Periodic Table CHEM 2308 (1): Intro to Organic Chem 			
<i>CHEM 1200 (4): Prep for College Chemistry</i>			

PHYSICS				
PHYS 2010 (4) PHYS 2015 (1) General Physics I and Lab <i>PreReq: MATH 1060</i>	PHYS 2020 (4) PHYS 2025 (1) General Physics II and Lab <i>PreReq: PHYS 2010</i>	OR	PHYS 2210 (4) PHYS 2215 (1) Physics for Scientists & Engineers I and Lab <i>PreReq: MATH 1210</i>	PHYS 2220 (4) PHYS 2225 (1) Physics for Scientists & Engineers II and Lab <i>PreReq: MATH 1220, PHYS 2210</i>

Please note: Consult both your major advisor and a PPA advisor for the correct lecture and lab sequence.

NON-SCIENCE REQUIREMENTS		
English Composition (WRTG 2010, CW) <i>(Six credits needed)</i>	Psychology <i>(Three credits needed)</i>	Social Science/ Humanities <i>(15 credits needed)</i>

OTHER RECOMMENDED SCIENCE COURSES
Biomechanics, nutrition, exercise physiology, kinesiology, molecular biology, microbiology. <i>*do your research before enrolling in these courses*</i>

POLICIES and CONSIDERATIONS

AP/IB CREDIT	Depends on program. If accepted, coursework beyond AP/IB required.
REPEATS	All grades will be counted. Most recent grade may be accepted.
WITHDRAWALS	Although W's will not affect your GPA, W's should be used sparingly. Work with your advisor.