A doctor of chiropractic helps meet the health needs of individual patients and of the public, giving particular attention to the structural and neurological aspects of the body in a non-invasive manner. Preparation for chiropractic school involves curricular and extracurricular activities which demonstrate communication, leadership, community service, and familiarity with chiropractic. Any major is appropriate. For general information about Chiropractic, visit www.explorehealthcareers.org.

**EXTRACURRICULAR ACTIVITIES**

Extracurricular activities and work experiences which demonstrate interpersonal skills, leadership, and service are very important. See the Bennion Center on campus or our website for specific service opportunities. For instance, join a student group to gain leadership experience.

- **Shadowing Chiropractors**
  
  This should be one of your first experiences as a pre-chiropractic student. Observing a chiropractor in action will help you gather the information you need to fully commit to and to learn about the profession you have chosen. It is also good to interview several chiropractors.

- **Chiropractic Experience**
  
  Chiropractic experience is very important in your application. Most students gain this experience by shadowing a general chiropractor for more than a semester. Consider Ed Psych 3960 (http://careers.utah.edu/students/jobs/internship.php) to structure your experience and earn course credit.

- **Leadership Experience**
  
  As a chiropractor, you will be a leader and team member in many ways – with your patients, your staff, your colleagues, and your community. Examples includes offices held in organizations, committee work; leadership in church activities; coordinating a project; managing, training, supervising at work or in other activities; teaching experience of any kind; peer counseling or mentoring, etc. Campus Connect: https://getinvolved.utah.edu/

- **Service to the Community**
  
  Because you are preparing for a humanitarian profession, it is important to have volunteer learning experiences which demonstrate a commitment to service to others. It is suggested that this be ongoing throughout your college years. Lowell Bennion Community Service Center (http://www.bennioncenter.org).

**Things to Remember**

- Keep contact information for supervisors and chiropractors you shadow or work with in case you ask them to write recommendation letters. Even if you discontinue some activities, try to maintain a relationship with them.

- Record all hours of service and experiences. Writing your reflections in a journal will be helpful when you write a personal statement.

- Participate in Chiropractic School Visits
  
  Several chiropractic schools from all over the country visit the U of U campus in Fall semester. They usually give information sessions and sometimes meet with students individually. We strongly recommend our students to participate in these sessions.

**APPLICATION PROCESS**

- All applicants must have earned a minimum cumulative grade point average (GPA) of at least 3.0 on a scale of 4.0. Some schools may have lower GPA requirements and minimum grade requirements for required courses. There is no standardized exam required for chiropractic school admission.

- There are 15 accredited chiropractic schools in the United States. Most chiropractic schools accept students 2-3 times a year, and many of them have rolling admission process. There is no centralized application service for chiropractic school application process. Students need to visit each chiropractic schools’ website and apply online. Along with application, most chiropractic schools require 2-3 letters of recommendation, mainly from a Doctor of Chiropractic and an academic professor/a work supervisor. Many chiropractic schools require a personal interview as well. Please consult the preprofessional advisors regularly as you prepare your application.
- **Policies**
  - Limited number of credits for [CLEP Credit & Correspondence Study](#) may be accepted by many chiropractic schools.
  - Chiropractic schools take [AP credits](#), but it is recommended to take coursework beyond introductory classes waived by AP.
  - Chiropractic schools take most recent grades if you **repeat a course**.
  - **Withdrawals (W)** should normally be used only for non-academic emergencies.

## Preprofessional Science Course Guide

### Any of these courses can be taken @ SLCC

<table>
<thead>
<tr>
<th>BIOLOGY</th>
<th>CHEMISTRY</th>
<th>MATH</th>
<th>PHYSICS</th>
<th>NON-SCIENCE</th>
</tr>
</thead>
</table>
| *Biol 1610 (4)*  
Fundamentals of Bio I  
Biol 1615 (1)  
Lab  
[May not be waived by AP Biology] | OPTIONAL preparatory courses for CHEM, MATH, and PHYS:  
- MATH 10 Math Boot Camp for Intermediate Algebra  
- MATH 15 Math Boot Camp for Pre-Calculus  
- CHEM 1200 (3) Prep for College Chemistry  
- CHEM 1208 (1) Intro to Periodic Table  
- CHEM 2308 (1) Intro to O-Chem | MATH 1050  
(4)  
College Algebra | MATH 1080  
(5)  
Pre-calculus | English  
Composition  
(WRTG 2010, CW)  
(6 credits needed) |
| Biol 2325 (4)  
Human Anatomy  
Recommended by many Schools.  
Fulfills BIOL lab requirement | CHEM 1210 (4)  
CHEM 1215 (1)  
Gen Chem 1+Lab  
[Prereq: Math 1050] | MATH 1060  
(3)  
Trigonometry | Physics  
has 2 options.  
Consult with both your major advisor and a PPA advisor to choose the correct lab and lecture sequence | Psychology  
(BF)  
(3 credits needed) |
| Biol 2420 (4)  
Human Physiology  
Recommended by many Schools. | CHEM 1220 (4)  
CHEM 1225 (1)  
Gen Chem 2 + Lab |  |  | Social  
Science/Humanities  
(BF/HF)  
(15 credits needed) |
| Biol 2020 (3)  
Cell Biology  
Fulfills the 1 of 2 general biology requirements. | CHEM 2310 (4)  
CHEM 2315 (2)  
Organic Chem 1 + Lab |  |  |  |
|  | CHEM 2320 (4)  
CHEM 2325 (2)  
Organic Chem 2 + Lab |  |  |  |

### Other Recommended Science Courses:
- Biomechanics, Nutrition, Exercise, Physiology Exercise Physiology, Kinesiology, Molecular Biology, Microbiology.

### Notes
1) This guide is designed for students preparing for chiropractic schools. Some courses may not be required by all professional schools and some schools may require additional courses not on this list. See a PPA advisor for more information.
2) In order to take a proper math class, you have to have ACT, SAT or math placement test scores, or successfully pass a prerequisite math courses.